



Howard County Public School System Plans for Meeting Youth Mental Health Needs



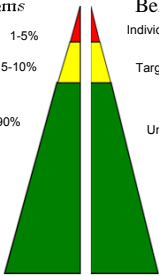
What is HCPSS doing?

Creating a multi-tiered system of supports to guide schools to provide a continuum of prevention and intervention services and supports



Multi-tiered System of Supports


Academic Support Systems	Behavioral Support Systems
1-5%	Individualized Interventions
5-10%	Targeted Interventions
80-90%	Universal Interventions



Transcending Initiatives				
	RJ	SEL	PBIS	MH
Tier 3	<ul style="list-style-type: none"> Community Conferencing Family RJ 	<ul style="list-style-type: none"> Individual Social Skills Instruction 	<ul style="list-style-type: none"> BIP/FBA Individual Plans 	<ul style="list-style-type: none"> Crisis Management Individual Counseling
Tier 2	<ul style="list-style-type: none"> Problem-solving Circles Peer mediation Conferencing 	<ul style="list-style-type: none"> Small Group Social Instruction 	<ul style="list-style-type: none"> Check-in/ Check-out Behavior Charts and data collection Group Academic Behavior Support 	<ul style="list-style-type: none"> Group Counseling Coordinated Referrals Family connection
Tier 1	<ul style="list-style-type: none"> Restorative language Community-building Practices Circles 	<ul style="list-style-type: none"> School Climate Assessment SEL Instruction Executive Fx Instruction 	<ul style="list-style-type: none"> Schoolwide behavioral expectations Positive recognition plans 	<ul style="list-style-type: none"> Mental Health/Wellness Promotion

Restorative Justice (RJ)

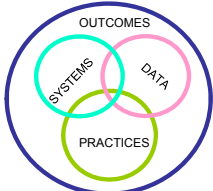
- Focus on Relationships First, and Rules Second
- Adults and students work to understand the impact of their actions on others
- There are fair processes that allow everyone to learn from any harm that may have been done
- Responses to difficult behavior have positive outcomes for everyone



Positive Behavior Interventions & Supports (PBIS)


Supporting Social Competence & Academic Achievement

Supporting Staff Behavior



Supporting Decision Making

Supporting Student Behavior



Jeff Sprague




- ### Mental Health Enhancements
- Community Collaboration
 - Social Workers
 - Mental Health Providers
 - Four-Year Strategic Plan for Student Well-Being (PPWs - School Counselors - Nurses - School Psychologists - Social Workers)

- ### Current Grant-Based Mental Health
- 3 Licensed Clinicians (LCSW and LCPC) split between 5 schools
 - University of Maryland at Baltimore employees
 - Funded by HC Health Department and Horizon Foundation
 - Through the 2019 school year

HCPSS Social Work Program

- Expand new service model to 10-20 additional schools:
 - Feeder approach, focus on school communities by area cluster
 - 3 HCPSS social workers target middle schools for most intensive work with services in connected elementary and high schools
- Referrals from SST initially; expand referral paths




HCPSS Social Workers

School social workers will:

- Provide Tier 2 services (e.g., small groups)
- Provide some Tier 3 services (e.g., individual counseling)
- Coordinate services and liaise between community providers, HCPSS staff, and parents
- Track school-based success indicators
- Guide plan for future expansion

50% direct services, 50% school-based mental health program management



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Community Providers

Community Providers within schools with social workers

- HCPSS issued an RFP to identify community providers that will provide student services
- RFP addresses:
 - Billing and insurance plans accepted
 - Providing non-billable services
 - Multilingual services
 - Measurement with evidence-based assessment tools
 - Plan for service continuity beyond school day/year

Future Plans

Expand School Coverage through Adding Social Workers and Community Providers

- Apply for Grant Funding from Horizon and possibly others to enhance initiative
- Particular needs include students uninsured and not eligible for MA



Community Collaboration

- Mental Health Community Advisory Council (MHCAC)
 - Provide Recommendations, Actions, Implement Work and Provide Feedback
- Steering Committee for the MHCAC
- Superintendent's Sub-Cabinet
 - Set Vision, Receive Updates on Actions, and Provide Feedback

MHCAC - Planning Meeting - June 2018


Strands that Emerged:

- Health Promotion
- Early Intervention
- Comprehensive Intervention



Next Steps

- ✓ Collaborate to Develop Major Actions
- ✓ Engage More Stakeholders in Work
- ✓ Learn More and Develop Plans
- ✓ Implement
- ✓ Provide and Analyze Data



Questions

